

Second International Symposium on Adipobiology and Adipopharmacology (ISAA)

23-25 October 2009, Varna, Bulgaria

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LETTER FROM THE CHAIRMAN

A Symposium for our times

Dear Colleagues,

*When someone declared that life is an evil,
Diogenes said: Not life itself, but living ill.*

It is our pleasure to invite you to Varna on 23-25 October 2009 for the Second International Symposium on Adipobiology and Adipopharmacology (ISAA). This Symposium is held bi-annually and organized by the Bulgarian Society for Cell Biology in collaboration with the Bulgarian Society for Respiratory Diseases. The Symposium offers a prestigious forum for the presentation of new basic, translational and clinical research on adipobiology and adipopharmacology.

Adipobiology, particularly adipoendocrinology, investigates molecular and cellular mechanisms mediated via adipose tissue in health and disease, whereas adipose-targeted pharmacology may create novel therapeutic approaches in obesity and related cardiometabolic diseases such as atherosclerosis, hypertension, type 2 diabetes and the metabolic syndrome, the adipose dysfunction being their underlying cause. In 2005, the World Health Organization estimated that approximately 1.6 billion adults were overweight and at least 400 million of them clinically obese. In the last 2-3 decades, such a phenotype modulation has resulted in the delivery of *Homo obesus* whose life, beyond cardiometabolic diseases, is associated with liver, lung, ovary and neurodegenerative diseases, as well as certain types of cancer. Obesity is also a major contributor to the global burden of reduced quality of life and enhanced morbidity, *Homo obesus Bulgaricus* being a major medicosocial problem in our country.

The Symposium is designed to provide a state-of-the-science overview of recent advances in adipobiology and adipopharmacology. We hope that you will join us for what promises to be a stimulating scientific, educational and friendly event and we look forward to welcoming you to Varna. Together we will capture the scope and depth of the exciting field of adipobiology and adipopharmacology.

George N. Chaldakov, MD, PhD

PROGRAM

The format of the Symposium will include four oral sessions, each session initiated by the invited speaker, followed by speakers selected from submitted abstracts.

Friday, 23 October 2009

Registration: 3 - 6 PM

Fee (payable *in situ*): 170.- Euros

For Bulgarians: 50.- BGN

Fees include (i) participation in all scientific sessions, (ii) Symposium bag including a copy of volume 1, 2009 of *Adipobiology*, an International Journal of Adipose Tissue in Health and Disease, (iii) invitation to the welcome party, (iii) lunch on Saturday 24 October, (iv) invitation to the gala dinner, and (v) trip to Nessebar and Burgas (cities along the Black sea, about 90-130 km South from Varna).

We are eager to have as many young people as possible attend since they are likely to benefit most from this Symposium; hence, no registration fee for students.

Welcome party and candle light lecture: 7 PM

Saturday, 24 October 2009

Opening: 8:30 AM

Sessions, including coffee break: 9 AM - 1 PM

Lunch: 1:15 - 2:15 PM

Sessions, including coffee break: 2:30 - 7 PM

Gala dinner: 8 PM

Sunday, 25 October, 2009

Trip to Nessebar and Burgas.